

***No one deserves  
to be bullied.***

***Every child  
deserves to feel  
loved, happy and  
safe.***



**Prevent Child Abuse**  
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Prevent Child Abuse Rhode Island is a 501 (c) (3) not-for-profit organization whose mission is to keep every child in Rhode Island safe from abuse and neglect through a primary prevention approach of education, advocacy and public awareness activities.



How you and your child  
can safely stop bullying  
behavior



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# Bullying is not OK.

It hurts to be teased, threatened, attacked, excluded, or gossiped about.

It is not OK for kids (or grownups) to ignore the fact that someone is being bullied.

You and your child can learn how to stop bullies in their tracks.

Use these suggestions to safely stop bullying behavior the next time you see it.

## ***Bullies like power.***

Bullies often pick on children who give in or cry because that makes the bully feel more powerful.

- You and your child can try and include kids who are loners, so they won't become targets.

## ***Bullies need an audience.***

Bullies thrive when other children cheer them on.

- You and your child should not stand by quietly and watch, but try to help without getting hurt.
- You could say something like, "Cool it! This isn't solving anything!"

## ***Bullies can be stopped.***

## ***Be a positive role model.***

- Children learn by watching, so watch what you say and do.
- Never use threatening behavior to discipline your kids.
- Use non-physical ways, such as loss of privileges.

***When your child is not with you, he or she should tell a trusted adult about the bullying.***

***Talking to an adult is not "tattling."***

***It is an act of courage and safety.***